

Peninsula Ramblers Hike Consent and Indemnity Form

Objective/Hike Name: _____

Leader: _____ Date: _____

This Consent and Indemnity form must be complete by all participants before setting out.

Declaration: By completing this Consent and Indemnity form I agree that:

- 1) I can make no claim against the Club, its appointed leaders and members, in the event of any injury (including death) to myself or my dependents, or damage to or loss of any property, whilst participating in any Peninsula Ramblers activities, including travelling to or from any of these activities.
- 2) I have been advised of the planned route, estimated duration and grading of this hike and declare that I am sufficiently fit and healthy to attempt the hike.
- 3) A report on and pictures of the hike which feature me and/or my dependants may be published in the Club's newsletters or on the Club's social or web profile pages.

MEMBERS (Please write one member's name per block)

VISITORS (A voluntary donation of R20 to Club funds is requested from each Visitor)

Name	Signature	Emergency Contact Name	Emergency Contact Telephone Number	Amt. Paid

Hike Leaders

- Use the reverse of this page if more space is required
- Carry this form on the hike so that you have each visitor's emergency contact details
- If necessary, contact a committee member to help obtain a member's emergency contact details
- **0861 106 417 Table Mountain Safety** **021 937 0300 Mountain Rescue**
- Bank subs & visitor fees (Std. Bank 025009 A/c. 073603201) and e-mail details to treasurer@ramblers.org.za
- Keep this form for 12 months and then destroy it