

Peninsula Ramblers – Hike Program March to June 2021

101 - Sat, 6 Mar : Liesbeek River Trail (Urban walk).

Meet: **9:00 AM** at Car park in Winchester Road (off Kirstenbosch drive), Bishopscourt (below the Good Shepherd Church near Kirstenbosch)

Hike details: Walk ends in Observatory, near Wild Fig restaurant. Share Ubers back to Kirstenbosch. Walk is easy, flat and about 7 m. Approximately 3 1/2 to 4 hours' easy walking with breaks to admire the river. Dog walk: yes, for well behaved dogs on leads with poo bags.

Difficulty: **Easy** Duration: **3 - 4 Hours** Distance: **5 - 8 km**

Scrambling over rocks: **No** Exposure to heights: **No** Doggie Walk: **Yes**

Hike Leader: **Dorothy Holder** - 083 572 3259 - dorothyholder@gmail.com

102 - Sun, 7 Mar : Brakkloofrant

Meet: **8:00 AM** at Meet in the parking area opposite Zip Print at the top of Second Avenue, Fish Hoek

Hike details: We will walk along the ridge to the Brakkloof beacon and back.

Difficulty: **Moderate** Duration: **3 - 4 Hours** Distance: **5 - 8 km**

Scrambling over rocks: **No** Exposure to heights: **No** Doggie Walk: **Yes**

Hike Leader: **Elizabeth Robinson** - 021 782 6999 or 079 888 6073 - swiss.robinson@gmail.com

103 - Sat, 13 Mar : Camel Rock

Meet: **7:30 AM** at Constantia Neck

Hike details: Start at C Neck, up the first step / pathway, hang left, up winding pathways, bit of clambering, bit of hugging rocks, stroking fynbos, to the Camel Rock, then de Villiers dam and down via the jeep track

Difficulty: **Moderate** Duration: **3 - 4 Hours** Distance: **5 - 8 km**

Scrambling over rocks: **Yes** Exposure to heights: **Yes** Doggie Walk: **No**

Hike Leader: **Chris Taylor** - 083 294 5845 - chris@taylor1.co.za

104 - Sun, 14 Mar : Myberg Ravine to Judas Peak.

Meet: **8:00 AM** at Meet at the end of Farriers Way.

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Hike details: As we reached the top of our latest Disas hike, other hikers told us that there were more disas higher up.

We will park closer to Myberg Ravine, as can be seen in the location.

Head straight up to where we saw the last lot of disas.

Then continue to the next level of Disas.

Then we will continue up to Judas Peak, and back down to with the help of chains and staples, and onto Suikerbossie Restaurant!

Some cars would have been dropped off there earlier.

Difficulty: **Strenuous** Duration: **5 - 6 Hours** Distance: **5 - 8 km**

Scrambling over rocks: **Yes** Exposure to heights: **Yes** Doggie Walk: **No**

Hike Leader: **Les Watson - 084 856 1742 - les_watson@yahoo.com**

105 - Sat, 20 Mar : Woodstock Cave

Meet: **7:30 AM** at Rhodes Memorial

Hike details: The cave has, according to media been cleaned up so we will hike there and get a view of the harbour

Difficulty: **Moderate** Duration: **3 - 4 Hours** Distance: **5 - 8 km**

Scrambling over rocks: **Yes** Exposure to heights: **No** Doggie Walk: **Yes**

Hike Leader: **Glenda Doller - 078 292 2477 or 021 794 5989 - glendadoller@gmail.com**

106 - Sun, 21 Mar : Kleintuinkop - Silvermine (waterfall side)

Meet: **8:00 AM** at Meet at the Silvermine (waterfall side) parking area

Hike details: Hike up to Kleintuinkop, explore caves and other stuff and some other peak. On path but also bundu bashing.

Difficulty: **Strenuous** Duration: **4 - 5 Hours** Distance: **5 - 8 km**

Scrambling over rocks: **Yes** Exposure to heights: **No** Doggie Walk: **No**

Hike Leader: **Urs Huber - 084 713 5545 - uhhuber@gmail.com**

107 - Sat, 27 Mar : Soetwater Ramble

Meet: **8:00 PM** at Car park top of Rubbi Road Kommetjie

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Hike details: Ascending from the car park there are a variety of mountain and sea views to be enjoyed. The hike will then descend to the southern entrance of Soetwater from where the route will hug the the seashore back to Kommetjie. Refreshments may be indulged in before returning to the cars

Difficulty: **Moderate** Duration: **3 - 4 Hours** Distance: **5 - 8 km**

Scrambling over rocks: **No** Exposure to heights: **No** Doggie Walk: **No**

Hike Leader: **Ewen Smith - 073 799 9109**

108 - Sun, 28 Mar : Grootkop via Corridor Ravine

Meet: **8:00 AM** at Theresa Ave Camps Bay

Hike details: We hike along the Pipe Track and up Corridor Ravine. Turn right at the top to Grootkop. Great views in all directions. A liter of water please. Corona virus protocols to be adhered to.

Difficulty: **Strenuous** Duration: **5 - 6 Hours** Distance: **More than 10km**

Scrambling over rocks: **Yes** Exposure to heights: **No** Doggie Walk: **No**

Hike Leader: **Ian Pearce - 084 6244 691 or 021 794 5989 - hounddog10g@gmail.com**

109 - Sat, 3 Apr : Around Lions Head

Meet: **7:30 AM** at Kloof Nek parking lot

Hike details: Walk down the Glen to picnic area. Cross road onto Lions Head. At Kramat we head up Lions Head onto jeep track and down to cars. Lovely views

Difficulty: **Moderate** Duration: **4 - 5 Hours** Distance: **5 - 8 km**

Scrambling over rocks: **No** Exposure to heights: **No** Doggie Walk: **No**

Hike Leader: **Glenda Doller - 078 292 2477 or 021 794 5989 - glendadoller@gmail.com**

110 - Sun, 4 Apr (Easter) : Silvermine Dam to Mast

Meet: **7:30 AM** at Silvermine Dam Parking

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Hike details: This is a moderate hike from the dam to the mast. On the way we'll visit the fire lookout and Elephant's eye. We'll have spectacular views over the Cape Flats and False Bay as well as Hout Bay.

Difficulty: **Moderate** Duration: **3 - 4 Hours** Distance: **5 - 8 km**

Scrambling over rocks: **No** Exposure to heights: **No** Doggie Walk: **No**

Hike Leader: **Lyn Veary** – 0824141744 – lynv123@gmail.com

111 - Sat, 10 Apr : Judas Peak

Meet: **8:00 AM** at outside Ruyterplaats estate, Hout Bay

Hike details: we go above Ruyterplaats, head up above suikerbossie, views over Llandudno, curve round the front, up a traverse near waterfall, [hopefully dry], gambions, up to the plateau, along and up to Judas peak. then retrace steps.

Difficulty: **Strenuous** Duration: **4 - 5 Hours** Distance: **8 - 10 km**

Scrambling over rocks: **Yes** Exposure to heights: **Yes** Doggie Walk: **No**

Hike Leader: **Chris Taylor** - 083 294 5845 - chris@taylor1.co.za

112 - Sun, 11 Apr : Berg River Dam Ramble

Meet: **7:30 AM** at Meet at Huguenot Monument, end of Main St Franschhoek at 07h15. Drive to start of hike.

Hike details: Entrance fee R50.00 (Snapscan) We hike about 7 kms up the mountain (moderate gradient) before heading down into the valley to the dam. Beautiful mountains, lovely valley . A liter of water is a good idea.

Difficulty: **Moderate** Duration: **5 - 6 Hours** Distance: **More than 10km**

Scrambling over rocks: **No** Exposure to heights: **No** Doggie Walk: **No**

Hike Leader: **Ian Pearce** - 084 6244 691 or 021 794 5989 - hounddog10g@gmail.com

113 - Sat, 17 Apr : Maclears Beacon - Table Mountain

Meet: **9:00 AM** at Kloof Nek parking area

Hike details: Cable car to the top, then hike to the beacon and back (circular route), down with the cable car. Return cost, pensioners R100, children up to 17 years R190, students, over 18, R200, full

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price R380. Bring your id and valid student card. One way to the top is R200 (for people who want to take the cable car to the top and then hike down via Platteklip gorge).

Difficulty: **Moderate** Duration: **3 - 4 Hours** Distance: **Less than 5 km**

Scrambling over rocks: **Yes** Exposure to heights: **No** Doggie Walk: **No**

Hike Leader: **Urs Huber - 084 713 5545 - uhhuber@gmail.com**

114 - Sun, 18 Apr : West Peak, Helderberg

Meet: **8:00 AM** at Helderberg Nature Reserve, Somerset West

Hike details: Travel out to Somerset West in your own car (or make private arrangements for sharing), we meet in the car park outside the visitors centre inside the Helderberg Nature Reserve (Entrance fee: R15 per vehicle, PLUS R25 per adult or R15 for pensioners with proof of age). From there we will do a circular hike up to the West Peak. Quite steep in parts, pretty strenuous, but very rewarding 360° views from the top.

The Helderberg Nature Reserve is tucked away above Somerset West and one can easily get lost (even with Google). Best look up the map and directions at

<https://helderbergnaturereserve.co.za/the-reserve/map-directions/>

Difficulty: **Very Strenuous** Duration: **6 Hours + (Whole Day)** Distance: **5 - 8 km**

Scrambling over rocks: **Yes** Exposure to heights: **Yes** Doggie Walk: **No**

Hike Leader: **Max Brock - 082 938 4442 - maxbrock@rondebosch.com (WhatsApp preferred)**

115 - Sat, 24 Apr : Baileys Kloof

Meet: **7:30 AM** at Shark spotters area Boyes drive

Hike details: A nice walk on the mountain down to Kalk bay and back up to Boyes drive to cars. Nice to increase fitness

Difficulty: **Moderate** Duration: **3 - 4 Hours** Distance: **5 - 8 km**

Scrambling over rocks: **No** Exposure to heights: **No** Doggie Walk: **Yes**

Hike Leader: **Glenda Doller - 078 292 2477 or 021 794 5989 - glendadoller@gmail.com**

116 - Sun, 25 Apr : Chapmans Peak back to East Fort.

Meet: **8:00 AM** at Chapmans Peak day pass parking.

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Hike details: From the Chapmans Peak day pass turn around parking, we will go up and turn left, and follow the contour path, and head back to East Fort, where there will be some cars waiting for us.

Difficulty: **Moderate** Duration: **4 - 5 Hours** Distance: **5 - 8 km**

Scrambling over rocks: **No** Exposure to heights: **No** Doggie Walk: **No**

Hike Leader: **Les Watson - 084 856 1742 - les_watson@yahoo.com**

117 - Sat, 1 May : Baviaanskloof circular route

Meet: **8:00 AM** at Top end of Baviaanskloof Road.

Hike details: We will head up to the Baviaanskloof waterfall, then up to the contour path. Then turn left and follow it and go to Skoorsteenberg Peak. Then down and through a lovely indigenous forest and back to the cars.

Difficulty: **Moderate** Duration: **4 - 5 Hours** Distance: **5 - 8 km**

Scrambling over rocks: **No** Exposure to heights: **No** Doggie Walk: **No**

Hike Leader: **Les Watson - 084 856 1742 - les_watson@yahoo.com**

118 - Sun, 2 May : Chapman's Peak

Meet: **8:00 AM** at Noordhoek Common (on Noordhoek Main Rd, for car pooling)

Hike details: Ascending from Noordhoek side, descending to Chapman's Peak Drive on the Hout Bay side, car drop-off to begin with

Difficulty: **Very Strenuous** Duration: **6 Hours + (Whole Day)** Distance: **8 - 10 km**

Scrambling over rocks: **Yes** Exposure to heights: **Yes** Doggie Walk: **No**

Hike Leader: **Max Brock - 082 938 4442 - maxbrock@rondebosch.com (WhatsApp preferred)**

119 - Sat, 8 May : St James Peak

Meet: **8:00 AM** at Silvermine Gate 2 Waterfall side

Hike details: A circular walk with mountain vistas and coastal views in and around False Bay to be admired from the summit of St James Peak.

Difficulty: **Moderate** Duration: **3 - 4 Hours** Distance: **8 - 10 km**

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Scrambling over rocks: **No** Exposure to heights: **No** Doggie Walk: **No**

Hike Leader: **Ewen Smith - 073 799 9109**

120 - Sun, 9 May : Olifantsbos Coastal

Meet: **8:00 AM** at Meet at 08h00 inside of entrance gate to Cape Point Nature Reserve

Hike details: We drive to Olifantsbos and start the hike close to the beach. An easy hike along this 'shipwreck' coast before turning inland toward Sirkelsvlei. A pleasant ramble in this lovely part of our Peninsula.

Difficulty: **Easy** Duration: **3 - 4 Hours** Distance: **8 - 10 km**

Scrambling over rocks: **No** Exposure to heights: **No** Doggie Walk: **No**

Hike Leader: **Ian Pearce - 084 6244 691 or 021 794 5989 - hounddog10g@gmail.com**

121 - Sat, 15 May : Kleintuin and dead man's path

Meet: **8:00 AM** at Silvermine 2 parking area

Hike details: head towards Berties balcony, up to the plateau, Westerly to Kleintuin to view the little garden and great views over Kommetjie, back to see the caves and trees in caves, to the plateau, down to valley and back along dead man's path, then finish along the jeep track

Difficulty: **Moderate** Duration: **4 - 5 Hours** Distance: **8 - 10 km**

Scrambling over rocks: **Yes** Exposure to heights: **Yes** Doggie Walk: **No**

Hike Leader: **Chris Taylor - 083 294 5845 - chris@taylor1.co.za**

122 - Sun, 16 May : Newlands Forest Ramble

Meet: **9:00 AM** at Rhodes memorial parking area.

Hike details: From Rhodes memorial across to Newlands Forest, ramble around there and then back again.

Difficulty: **Moderate** Duration: **4 - 5 Hours** Distance: **5 - 8 km**

Scrambling over rocks: **No** Exposure to heights: **No** Doggie Walk: **Yes**

Hike Leader: **Urs Huber - 084 713 5545 - uhhuber@gmail.com**

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123 - Sat, 22 May : East Fort to Blackburn kloof

Meet: **8:00 AM** at East Fort, Chapman's Peak Drive

Hike details: From East Fort we head up to the top of the Blackburn Ravine, then return back to the cars via another route.

Difficulty: **Moderate** Duration: **4 - 5 Hours** Distance: **5 - 8 km**

Scrambling over rocks: **No** Exposure to heights: **No** Doggie Walk: **No**

Hike Leader: **Les Watson** - 084 856 1742 - les_watson@yahoo.com

124 - Sun, 23 May : Swartkop, Simon's Town

Meet: **8:30 AM** at Harrington Rd, Simon's Town

Hike details: The hike will lead us up to Blockhouse Gap, then down into Klaver Valley, swing southwards and then ascend up to Swartkop. We will descend by the conventional route.

Difficulty: **Strenuous** Duration: **5 - 6 Hours** Distance: **5 - 8 km**

Scrambling over rocks: **Yes** Exposure to heights: **Yes** Doggie Walk: **No**

Hike Leader: **Max Brock** - 082 938 4442 - maxbrock@rondebosch.com (WhatsApp preferred)

125 - Sat, 29 May : A Ramble Through The Vines

Meet: **8:00 AM** at Meet on Paggasvlei Road Constantia - at the gate to the vineyard near houses 15 - 21

Hike details: We'll take a walk through the beautiful Groot Constantia vineyards. This is an easy walk with a few little hills. Stunning views over the vines.

Difficulty: **Easy** Duration: **2 - 3 Hours** Distance: **8 - 10 km**

Scrambling over rocks: **No** Exposure to heights: **No** Doggie Walk: **No**

Hike Leader: **Lyn Veary** – 0824141744 – lynv123@gmail.com

126 - Sun, 30 May : Blokhuiskop Circuit

Meet: **8:30 AM** at Parking area bottom of Clovelly Rd

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Hike details: We will ascend Cave Peak via the Trappieskop Saddle, traverse below Boomslang Cave across to Blokhuiskop. From there we will descend to Dead Man's Path and make our way round to the jeep track past Clovelly Golf Course and thence back to the cars.

Dogs with TMNP permit and good stamina and agility welcome.

Wet rain cancels, dry rain still doable.

Difficulty: **Moderate** Duration: **5 - 6 Hours** Distance: **8 - 10 km**

Scrambling over rocks: **Yes** Exposure to heights: **No** Doggie Walk: **Yes**

Hike Leader: **Charley Lewis - 083 539 5242 - charley.a.lewis@gmail.com**

127 - Sat, 5 Jun : Spook Cave

Meet: **8:00 AM** at Silvermine Gate 2

Hike details: Pay a call on Spook Cave, an almost neglected spot on the southern shoulder of Kalk Bay Peak

Difficulty: **Moderate** Duration: **2 - 3 Hours** Distance: **5 - 8 km**

Scrambling over rocks: **No** Exposure to heights: **No** Doggie Walk: **No**

Hike Leader: **Ewen Smith - 073 799 9109**

128 - Sat, 6 Jun : Constantiaberg

Meet: **8:00 AM** at At Silvermine Dam parking area

Hike details: Green Card or R31.00 at Silvermine Gate 1. Hike includes Elephant's Eye, Fireman's Lookout before ascending Constantiaberg up to the mast. A good cardio-vascular workout with panoramic views all round.

Difficulty: **Strenuous** Duration: **4 - 5 Hours** Distance: **5 - 8 km**

Scrambling over rocks: **No** Exposure to heights: **No** Doggie Walk: **No**

Hike Leader: **Ian Pearce - 084 6244 691 or 021 794 5989 - hounddog10g@gmail.com**

129 - Sat, 12 Jun : Princess Vlei Eco-hike

Meet: **10:00 AM** at Princess Vlei Parking area. Entrance to the vlei is on the M5 between DeWaal and Retreat Rd, opposite Grassy Park. -34.04758656439393, 18.485769017608455.

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Hike details: An easy walk round Princess Vlei, taking in some of the local history and ecology. Bring along a garbage bag and rubber gloves if you'd like to help with litter clean-up. There's an option of tea, koeksisters or early lunch at the adjoining Jolly Carp Organic Market (COVID willing).

Difficulty: **Easy** Duration: **2 - 3 Hours** Distance: **Less than 5 km**

Scrambling over rocks: **No** Exposure to heights: **No** Doggie Walk: **Yes**

Hike Leader: **Colleen Saunders - 083 450 9094 - saundicollinda@gmail.com**

130 - Sun, 13 Jun : Meerendal Wine Estate hike (Durbanville)

Meet: **9:00 AM** at Entrance parking area Meerendal Wine Estate.

Hike details: Hike the trail and have a drink (eat?) afterwards in their restaurant. Cost, pensioners R10 others R30.

Difficulty: **Moderate** Duration: **3 - 4 Hours** Distance: **5 - 8 km**

Scrambling over rocks: **No** Exposure to heights: **No** Doggie Walk: **No**

Hike Leader: **Urs Huber - 084 713 5545 - uhhuber@gmail.com**

131 - Sat, 19 Jun : Groot Constantia Ramble

Meet: **2:00 PM** at Parking area behind Simons Restaurant, Groote Constantia Estate

Hike details: An easy going afternoon walk through the vineyards of Groot Constantia. We will take a break in the vineyards so please bring afternoon tea. Depending on pace will finish around 17h00. All correspondence by email please

Difficulty: **Easy** Duration: **2 - 3 Hours** Distance: **5 - 8 km**

Scrambling over rocks: **No** Exposure to heights: **No** Doggie Walk: **No**

Hike Leader: **Rodney Manicom - 084 764 7580 - rodneymanicom@gmail.com**

132 - Sun, 20 Jun : Silvermine Three Peaks

Meet: **8:30 AM** at Silvermine Gate 2 (East)

Hike details: Lovely hike, great views, hike strenuous due to its distance.

Difficulty: **Strenuous** Duration: **5 - 6 Hours** Distance: **8 - 10 km**

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Scrambling over rocks: **Yes** Exposure to heights: **Yes** Doggie Walk: **No**

Hike Leader: **Max Brock - 082 938 4442 - maxbrock@rondebosch.com** (WhatsApp preferred)

133 - Sat, 26 Jun : Platberg, Scarborough

Meet: **9:00 AM** at The Village Hub, Scarborough

Hike details: We ascend steeply from Scarborough, pausing in the saddle, before climbing up to Platberg (Scarborough Lookout). Retracing our steps we head across to the jeep track, and circle back to our starting point.

Permit required @ R30 - proceeds to conservation.

Wet rain cancels, dry rain still doable.

Rehydration station adjacent to meeting point.

Difficulty: **Moderate** Duration: **4 - 5 Hours** Distance: **Less than 5 km**

Scrambling over rocks: **No** Exposure to heights: **No** Doggie Walk: **No**

Hike Leader: **Charley Lewis - 083 539 5242 - charley.a.lewis@gmail.com**

134 - Sun, 27 Jun : Mountain and Forest

Meet: **8:00 AM** at Godfrey Road Kalk Bay

Hike details: Hike climax will be to hug the beacon on the summit of Kalk Bay Peak having ascended via Spesbona Forest route and returning down Echo Valley

Difficulty: **Moderate** Duration: **4 - 5 Hours** Distance: **8 - 10 km**

Scrambling over rocks: **No** Exposure to heights: **No** Doggie Walk: **No**

Hike Leader: **Ewen Smith - 073 799 9109**
