

Peninsula Ramblers – Hike Program November 2021 to February 2022

101 - Sat, 6 Nov : Karbonkelberg - WW1 Radar Station

Meet: **8:00 AM** at Mariner's Wharf, Hout Bay

Hike details: Stunning views

Difficulty: **Moderate** Duration: **4 - 5 Hours** Distance: **6 - 8 km**

Scrambling over rocks: **No** Exposure to heights: **No** Doggie Walk: **No**

Hike Leader: **Glenda Doller - 078 292 2477**

102 - Sun, 7 Nov : Table Mountain, Echo Valley

Meet: **8:00 AM** at Cable car bottom station at the ticket office

Hike details: The hike will lead us from the top station of the cable car down over a few ladders and along Echo Valley and then continue a climb up to Maclear's beacon. From there we will continue on the central table back to the cable car. Heavy rain cancels.

Difficulty: **Moderate** Duration: **3 - 4 Hours** Distance: **5 - 8 km**

Scrambling over rocks: **Yes** Exposure to heights: **Yes** Doggie Walk: **No**

Hike Leader: **Sándor Nagy - 082 082 0482 - sandor.nagy@solestex.com**

103 - Sat, 13 Nov : Constantia Mast at Silvermine 1

Meet: **7:30 AM** at Silvermine 1 Reservoir parking area

Hike details: We start from the car park and head towards Hout Bay lookout via the crags. Then ascend to the mast including cave exploring etc. Then descend and around the dam back to cars.

Difficulty: **Strenuous** Duration: **4 - 5 Hours** Distance: **8 - 10 km**

Scrambling over rocks: **Yes** Exposure to heights: **Yes** Doggie Walk: **No**

Hike Leader: **Chris Taylor - 083 294 5845 - chris@taylor1.co.za**

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104 - Sun, 14 Nov : Oppelskop

Meet: **8:00 AM** at Rhodes Memorial parking area

Hike details: Up to Kings Blockhouse then along upper contour to Oppelskop and back via lower contour

Difficulty: **Strenuous** Duration: **4 - 5 Hours** Distance: **5 - 8 km**

Scrambling over rocks: **No** Exposure to heights: **No** Doggie Walk: **No**

Hike Leader: Urs Huber - 084 713 5545 - uhuber@gmail.com

105 - Sat, 20 Nov : Vlakkenberg

Meet: **8:00 AM** at 32 Price Drive, Constantia.

Hike details: We will start off walking through the dense canopy of the Vlakkenberg forest. Then go up to the top and around the Vlakkenberg peak, coming down the same way and returning through a different part of the forest.

There is a short bit where hands will be needed to get over a rock.

Difficulty: **Moderate** Duration: **4 - 5 Hours** Distance: **5 - 8 km**

Scrambling over rocks: **Yes** Exposure to heights: **Yes** Doggie Walk: **No**

Hike Leader: **Les Watson - 084 856 1742 - les_watson@yahoo.com**

106 - Sun, 21 Nov : Around the Berg River Dam

Meet: **8:30 AM** at At Parking area near the Huguenot Monument Franschoek

Hike details: Drive down Roberts Vlei road to entrance. Fee R50.00 (Snapscan) We hike all the way around the beautiful dam. Our 1st attempt in September was rained out so with a little luck we have good weather this time. Plenty water essential. Not much shade. Bring swimwear. Refreshments in Franschoek afterwards.

Difficulty: **Strenuous** Duration: **5 - 6 Hours** Distance: **More than 10km**

Scrambling over rocks: **No** Exposure to heights: **No** Doggie Walk: **No**

Hike Leader: **Ian Pearce - 084 6244 691 or 021 794 5989 - hounddog10g@gmail.com**

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107 - Sat, 27 Nov : Rhodes Memorial to Kirstenbosch Gardens

Meet: **8:00 AM** at Kirstenbosch north parking area (straight up the hill as you enter)

Hike details: We will leave the majority of vehicles at Kirstenbosch and travel to Rhodes Memorial parking area. Other than the first 45 minutes, much of the walk is in the shade.

Difficulty: **Moderate** Duration: **3 - 4 Hours** Distance: **5 - 8 km**

Scrambling over rocks: **Yes** Exposure to heights: **No** Doggie Walk: **No**

Hike Leader: **Marco Bauer - 084 370 8855- marco@brwm.co.za**

108 - Sun, 28 Nov : Paulsberg (Cape of Good Hope)

Meet: **8:00 AM** at Buffels Bay Tourist Information Centre

Hike details: A repeat hike after the weather caused us to abandon the climb up Paulsberg

Difficulty: **Strenuous** Duration: **5 - 6 Hours** Distance: **8 - 10 km**

Scrambling over rocks: **Yes** Exposure to heights: **Yes** Doggie Walk: **No**

Hike Leader: **Max Brock - 082 938 4442 - maxbrock@rondebosch.com**

109 - Sat, 4 Dec : Silvermine - Spitzkop

Meet: **1:30:00 PM** at parking area on left of Pay Gate entrance at Silvermine

Hike details: From the parking area we will take a route on paths through the fynbos to Spitzkop where we will stop for afternoon tea. We will return taking a slightly different route on the Old Cape Road jeep track. We will walk at a moderate pace. Rain cancels. Wild card or you will need to pay the +/- R35.00 entrance fee. Contact Rodney on e-mail please.

Difficulty: **Moderate** Duration: **3 - 4 Hours** Distance: **5 - 8 km**

Scrambling over rocks: **No** Exposure to heights: **No** Doggie Walk: **No**

Hike Leader: **Rodney Manicom - 084 764 7580 - rodneymanicom@gmail.com**

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110 - Sun, 5 Dec : Camel rock and enchanted underground forest

Meet: **7:00:00 AM** at Constantia Neck car park

Hike details: We ascend from the car park towards Eagles Nest, then onto the Crenulations tea stop followed by Camel rock. Then around Villiers and along the dam wall. Take a secret path to the enchanted underground forest complete with old mans beard, worm holes and underground caves. Lunch at the memorial site before exiting and back to cars via the jeep track

Difficulty: **Strenuous** Duration: **6 Hours + (Whole Day)** Distance: **More than 10km**

Scrambling over rocks: **Yes** Exposure to heights: **Yes** Doggie Walk: **No**

Hike Leader: **Chris Taylor - 083 294 5845 - chris@taylor1.co.za**

111 - Sat, 11 Dec : Kirstenbosch contour path circuit via Skeleton Waterfall and Dassieklip

Meet: **8:30 AM** at Kirstenbosch Gardens Gate 2 (Nursery/tearooms entrance)

Hike details: A stroll through Kirstenbosch Gardens up to the contour path and along past Skeleton Waterfall and on to Dassieklip, across the scree (a little easy rock hopping) and then down past the big boulders through the forest and back into the gardens.

Meet inside the paygate. If you are not a BOTSOC member which gives free entry bring your South African ID to get the discounted entry fee to Kirstenbosch (RSA citizens with ID R80, others R200 - they are quite strict on this!). We should be back in time for lunch if you should want to make a booking at the restaurant or leave a picnic in your car.

Difficulty: **Moderate** Duration: **3 - 4 Hours** Distance: **5 - 8 km**

Scrambling over rocks: **Yes** Exposure to heights: **No** Doggie Walk: **No**

Hike Leader: **Ruth McNerney - 078 535 8815 - ruth.mcnerney@gmail.com**

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112 - Sun, 12 Dec : Basskloof Reserve, Scarborough, Platberg/Platkop/Misty Cliffs

Meet: **8:30 AM** at Outside The Hub's car park, Scarborough.

Hike details: Following path up the face of Platberg, then following paths and track to Platkop, the furthest beacon and then descending down to Misty Cliffs where we follow a path above the rocks back to Scarborough.

Difficulty: **Moderate** Duration: **5 - 6 Hours** Distance: **More than 10km**

Scrambling over rocks: **No** Exposure to heights: **No** Doggie Walk: **No**

Hike Leader: **Peter Philips - 076 232 6990 - peterphillips308@gmail.com**

113 - Sat, 18 Dec : St James Peak

Meet: **8:00 AM** at Silvermine Gate 2

Hike details: A circular hike in the scenic Silvermine Reserve to ascend St James Peak via a route which includes Mimetes Valley affording panoramic views of the False Bay coast along the way.

Difficulty: **Moderate** Duration: **3 - 4 Hours** Distance: **5 - 8 km**

Scrambling over rocks: **No** Exposure to heights: **No** Doggie Walk: **No**

Hike Leader: **Ewen Smith - 073 799 9109**

114 - Sun, 19 Dec : Cave Peak

Meet: **7:30 AM** at Boyes Drive, Kalk Bay

Hike details: tba

Difficulty: **Strenuous** Duration: **4 - 5 Hours** Distance: **8 - 10 km**

Scrambling over rocks: **Yes** Exposure to heights: **Yes** Doggie Walk: **No**

Hike Leader: **Max Brock - 082 938 4442 - maxbrock@rondebosch.com**

PLEASE NOTE: There are no hikes scheduled for the Christmas and New Year's weekend.

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119 - Sat, 8 Jan : Hoek van Bobbejaan

Meet: **8:00 AM** at Entrance Gate to Cape Point Nature Reserve – inside Reserve

Hike details: We will drive to the start of the hike to the parking area at Gifkommetjie. We will take the circular route to Hoek van Bobbejaan where we will break for tea and then return on the ridge back to Gifkommetjie. Heavy rain cancels.

Difficulty: **Easy** Duration: **2 - 3 Hours** Distance: **Less than 5 km**

Scrambling over rocks: **No** Exposure to heights: **No** Doggie Walk: **No**

Hike Leader: **Sándor Nagy - 082 082 0482 - sandor.nagy@solestex.com**

120 - Sun, 9 Jan : Clovelly - Kalk Bay Circuit

Meet: **7:30 AM** at Sandy parking area in Clovelly Road shortly after turnoff from Main Road into Clovelly

Hike details: We walk through the wetlands and then up through Clovelly to ascend the “trappies” and head up to a rock arch from which we can see the Old Mule Path leading to Muizenberg. We descend via Weary Willy’s to Boyes Drive, then climb up the “trappies” to get back to Clovelly. The hike is rated strenuous because of the long ascent at the beginning and a second short ascent near the end. Getting to the rock arch requires some agility, either climbing up a rock or scrambling under trees.

Difficulty: **Strenuous** Duration: **4 - 5 Hours** Distance: **8 - 10 km**

Scrambling over rocks: **No** Exposure to heights: **No** Doggie Walk: **Yes (with TMNP permit)**

Hike Leader: **Elizabeth Robinson - 021 782 6999 or 079 888 6073 - swiss.robinson@gmail.com**

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121 - Sat, 15 Jan : Echo Valley and Spes Bona canopies

Meet: **8:00 AM** at 110 Boyes Drive.

Hike details: We will go up the Mule Track and then through Echo Valley natural canopy. Should be nice and cool on a sunny day. Go through the Amphitheatre and back to our cars via Spes Bona natural canopy.

Please preferably contact me through WhatsApp.

Difficulty: **Moderate** Duration: **3 - 4 Hours** Distance: **5 - 8 km**

Scrambling over rocks: **No** Exposure to heights: **No** Doggie Walk: **No**

Hike Leader: **Les Watson - 084 856 1742 - les_watson@yahoo.com**

122 - Sun, 16 Jan : The Lakeside Pinnacles

Meet: **8:30 AM** at The Toad, Lakeside.

Hike details: Start is 300 metres from first car park on Boyes Drive coming from Lakeside. Mostly on path and scrambling up two pinnacles optional. Minor scrambling here and there but easy going. Return down normal path. Climbing Muizenberg Peak (circuit) optional.

Difficulty: **Strenuous** Duration: **5 - 6 Hours** Distance: **More than 10km**

Scrambling over rocks: **Yes** Exposure to heights: **No** Doggie Walk: **No**

Hike Leader: **Peter Philips - 076 232 6990 - peterphillips308@gmail.com**

123 - Sat, 22 Jan : 2 Oceans at Cape Point and a paddle at Diaz

Meet: **7:30 AM** at Car park at end of Cape Point. Northern side, opposite restaurant.

Hike details: Start from northern side and ascend 3 small mountains to under the radar look out, then descend and go to the beach at Platboom beach. then along to the Whale hip photo opp. Up the mountain and down to Diaz. Second tea stop and a paddle. Then up the steps and back to the cars.

Difficulty: **Strenuous** Duration: **5 - 6 Hours** Distance: **8 - 10 km**

Scrambling over rocks: **Yes** Exposure to heights: **Yes** Doggie Walk: **No**

Hike Leader: **Chris Taylor - 083 294 5845 - chris@taylor1.co.za**

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124 – Sun, 23 Jan : Grotto Bay Beach hike

Meet: **8:00 AM** at 8am at Milnerton Lighthouse on Woodbridge Island to share transport.

Hike details: We drive to Grotto Bay parking area (approx. 45kms) Hike starts from there in a northerly direction. One or two 'ups' and then beautiful pristine beaches and rocky coastline. Bring swimwear. Hike is in and out and as long as we want it to be. Rehydration at Woodbridge.

Difficulty: **Easy** Duration: **3 - 4 Hours** Distance: **More than 10km**

Scrambling over rocks: **No** Exposure to heights: **No** Doggie Walk: **No**

Hike Leader: **Ian Pearce - 084 6244 691 or 021 794 5989 - hounddog10g@gmail.com**

125 - Sat, 29 Jan : Beach Hike - Noordhoek Beach

Meet: **8:30 AM** at Parking Area, Noordhoek Beach

Hike details: Along the beach, wear shorts and bare feet, bring costume and towel

Difficulty: **Moderate** Duration: **3 - 4 Hours** Distance: **5 - 8 km**

Scrambling over rocks: **No** Exposure to heights: **No** Doggie Walk: **Yes (without TMNP permit)**

Hike Leader: **Max Brock - 082 938 4442 - maxbrock@rondebosch.com**

126 - Sun, 30 Jan : Long Table Mountain Ramble

Meet: **7:30 AM** at Constantia Nek parking area

Hike details: We head for the Overseer's Cottage, then along the Smuts Track, onto Echo Valley path, through the Valley of Desolation, to the Woodhead Dam, via Ash Valley back to Constantia Nek. PLEASE bring lots of water!

Difficulty: **Very strenuous** Duration: **6 Hours + (Whole Day)** Distance: **More than 10km**

Scrambling over rocks: **No** Exposure to heights: **no** Doggie Walk: **No**

Hike Leader: **Marco Bauer - 084 370 8855- marco@brwm.co.za**

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127 - Sat, 5 Feb : The vastly extended Alphen

Meet: **7:30 AM** at Car park by the road, by the Alphen hotel

Hike details: Start at the car park and along the Alphen trail towards Cecilia's car park. Past that and uphill, then along and downhill, then lunch, then keep going through natural woods and pleasant houses. Long, but not a killer.

Difficulty: **Moderate** Duration: **5 - 6 Hours** Distance: **8 - 10 km**

Scrambling over rocks: **No** Exposure to heights: **No** Doggie Walk: **No**

Hike Leader: **Chris Taylor - 083 294 5845 - chris@taylor1.co.za**

128 - Sun, 6 Feb : Platboom Circuit Cape Point

Meet: **8:00 AM** at Inside near the entrance gate. R85.00 at present or present Green Card.

Hike details: We drive down to Platboom parking area. Hike follows coastline south then swings east toward Diaz Beach, over boardwalk to parking at Two Oceans restaurant. Then north toward Da Gama Peak, past Erica Hut back to Platboom. 1.5l water recommended. Rehydration at restaurant.

Difficulty: **Moderate** Duration: **6 Hours + (Whole Day)** Distance: **More than 10km**

Scrambling over rocks: **No** Exposure to heights: **No** Doggie Walk: **No**

Hike Leader: **Ian Pearce - 084 6244 691 or 021 794 5989 - hounddog10g@gmail.com**

129 - Sat, 12 Feb : Silvermine Gate 1

Meet: **7:30 AM** at Dam parking area

Hike details: We will go via Steenberg Ridge to the lookout point above Blackburn Ravine and return on the other side of the dam. Join the dogs for a swim in the dam after the hike. Wild card, Green card, or entrance fee.

Difficulty: **Moderate** Duration: **4 - 5 Hours** Distance: **8 - 10 km**

Scrambling over rocks: **No** Exposure to heights: **No** Doggie Walk: **Yes (with TMNP permit)**

Hike Leader: **Elizabeth Robinson - 021 782 6999 or 079 888 6073 - swiss.robinson@gmail.com**

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130 - Sun, 13 Feb : Red Disas along the aqueduct on Table Mountain

Meet: **7:30 AM** at Constantia Nek parking area

Hike details: This hike was a great success last year, with plenty of red disas on the Back Table. We will hike up the jeep track to the Overseer's Cottage, then along the Smuts Track to the aqueduct, and back by a different route.

Difficulty: **Very strenuous** Duration: **6 Hours + (Whole Day)** Distance: **More than 10km**

Scrambling over rocks: **No** Exposure to heights: **No** Doggie Walk: **Yes (with TMNP permit)**

Hike Leader: **Max Brock - 082 938 4442 - maxbrock@rondebosch.com**

131 - Sat, 19 Feb : Myberg Ravine to see the Disas

Meet: **8:00 AM** at Park at the end of Farriers Way, Hout Bay.

Hike details: An excellent time to observe these special Disa flowers. The parking is near the ravine. Then we head up to the waterfall, have tea and explore. Then we will head up a steep part and continue to the next area of flowers. After exploring, photographing and lunch, we will return along the same route.

Please preferably contact me through WhatsApp. 0848561742

Difficulty: **Strenuous** Duration: **3 - 4 Hours** Distance: **5 - 8 km**

Scrambling over rocks: **Yes** Exposure to heights: **No** Doggie Walk: **No**

Hike Leader: **Les Watson - 084 856 1742 - les_watson@yahoo.com**

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132 - Sun, 20 Feb : Newlands Ravine to Devil's Peak

Meet: **7:30 AM** at End of Tafelberg Road

Hike details: We will shuttle with half the cars to the beginning of the hike, Newlands Forest. The hike will lead us from Newlands Forest along the Newlands Pipe and the Saddle Link up the steep Newlands Ravine. From there ascend to the top of Devil's Peak. Down again to the Saddle and further via the contour path back on to Table Mountain Road. From there, shuttle back to Newlands Forest. Especially the climb up Newlands Ravine is very strenuous and requires a decent level of fitness. Bring sufficient water.

Difficulty: **Very strenuous** Duration: **6 Hours + (Whole Day)** Distance: **More than 10km**

Scrambling over rocks: **Yes** Exposure to heights: **Yes** Doggie Walk: **No**

Hike Leader: **Sándor Nagy - 082 082 0482 - sandor.nagy@solestex.com**

133 - Sat, 26 Feb : Silvermine Dam to Noordhoek Peak

Meet: **8:00 AM** at Silvermine Dam parking area.

Hike details: A Circular hike with one peak , then over Noordhoek Ridge, and returning to the dam from the opposite side to where we started from. Beautiful views all round. Bring plenty of water and sunscreen.

Difficulty: **Moderate** Duration: **3 - 4 Hours** Distance: **5 - 8 km**

Scrambling over rocks: **No** Exposure to heights: **No** Doggie Walk: **No**

Hike Leader: **Ian Pearce - 084 6244 691 or 021 794 5989 - hounddog10g@gmail.com**

134 - Sun, 27 Feb : Silvermine/False Bay Coast

Meet: **8:00 AM** at 110 Boyes Drive

Hike details: Initially a fairly steep ascend with great views of False Bay coast mountain terrain including "Stonehenge" above Muizenberg. A circular return route will bring us back to the cars via the old mule track

Difficulty: **Moderate** Duration: **3 - 4 Hours** Distance: **5 - 8 km**

Scrambling over rocks: **No** Exposure to heights: **No** Doggie Walk: **No**

Hike Leader: **Ewen Smith - 073 799 9109**
